

October 2022

# Bishop Hills Newsletter

Bishop Hills Assisted Living | 4951 11 Mile Rd NE, Rockford | 866-8227 | [www.bishophills.org](http://www.bishophills.org)



We send this mailing to the first contact. Please share the information with other family members. If you would like additional family members to receive this by e-mail please contact Rachel at [bishopactivities@baruchsls.org](mailto:bishopactivities@baruchsls.org)

Deb Smith- Administrator

Julie Rick- Associate Administrator

Rachel Kooiman- Director of Life Enrichment

Paula Obiden- Resident Care Manager

Leigh Vest- Resident Care Manager

Tom Ruud- Maintenance

Dan DeBlaay – Dietary Director

## October Events

- 4<sup>th</sup> Rockford Library Book Delivery at 1:30 room to room
- 12<sup>th</sup> Flu Shot Day
- 15<sup>th</sup> Hymn Sing at 2:30 with Three Angels Church
- 18<sup>th</sup> Resident Council Meeting at 1:15
- 21<sup>st</sup> Music Program by Chris Sloan at 1:30
- 24<sup>th</sup> Acrylic Painting Class with Peg at 1:00
- 24<sup>th</sup>-28<sup>th</sup> Harvest Festival Week- see calendar for more details!
- 26<sup>th</sup> Mass at 9:00
- 26<sup>th</sup> Music Man Program at 5:30



**Thank you to Everyone  
Who Rock and Supported  
Us on our Rock-A-Thon  
Day!**

### Employee Christmas Fund

During the Christmas season many of the residents would like to give back to the staff. We have set up a “Christmas Fund” for residents and their families to give to all of the staff. If you would like to contribute to this fund please make checks payable to **Bishop Hills** and **please note in the memo section on the check for “Employee Christmas Fund”** **before Wednesday, December 7<sup>th</sup>**. The money will be presented to all of the staff at the staff Christmas party. Please remember that our policy does not allow staff to accept personal gifts or money from residents or their families.

### October Reflection

John 13:34-35 (NIV) "A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."

Several times a month, I cross the Mackinac Bridge. Miles before reaching the bridge, the suspension towers shine white against the blue sky. During the almost 5 miles driving over the bridge, the views are even more amazing. Looking out over the railings, I see ferries traveling to Mackinac Island with white foam trailing behind, sailboats, and amazing shorelines. There are so many things on which to focus. However, I am driving across a bridge high above the water! This means focusing on the highest priority; the road and the traffic around me. In life, and in faith, focusing on the highest priority is very important.

In John 13, Jesus shares with the disciples his principles for a life of faith. We are to focus on love; especially loving each other the way Jesus shows love to us.

What does this look like? In Galatians and 1 Corinthians, loving behavior is described as kind, patient, not irritable or envious, displaying goodness and self-control and gentleness. Behavior that does not "bite and devour each other."

How are you doing in these areas? When we see room for improvement, Jesus invites us to live more deeply in the Way of Love. Love for God. Love for self. Love for one another. We do this by spending time with God. As we do so, the very character of God rubs off on us, changing us and filling us. We can then share this love with others in how we speak and act. As Jesus stated, "By this everyone will know that you are my disciples...."

Karen Henderlong- Baruch Chaplain

### Reminders

Please remember to sign out a resident on the sign out sheets when taking a resident out. Also, please check with med techs to see if medications will be needed during the time out of building.

### Warm Clothing

On your next visit please bring in warm clothing and take some time to pull out summer clothing. Please go through your family member's closet and drawers so they do not get over stuffed, this makes it difficult for our staff to take care of the clothing. Check insides of clothing to make sure everything is labeled with the residents name.

