

September 2022

Bishop Hills Newsletter

Bishop Hills Assisted Living | 4951 11 Mile Rd NE, Rockford | 866-8227 | www.bishophills.org



We send this mailing to the first contact. Please share the information with other family members. If you would like additional family members to receive this by e-mail please contact Rachel at bishopactivities@baruchsls.org

Deb Smith- Administrator

Julie Rick- Associate Administrator

Rachel Kooiman- Director of Life Enrichment

Paula Obiden- Resident Care Manager

Leigh Vest- Resident Care Manager

Tom Ruud- Maintenance

Dan DeBlaay – Dietary Director

September Events

5th Labor Day

6th Rockford Library Book Delivery at 1:30 room to room

14th Bishop Hills Rock-A-Thon-see details below

17th Hymn Sing at 2:30 with Three Angels Church

20th Resident Council Meeting at 1:15

22nd First Day of Autumn

26th Acrylic Painting Class with Peg at 1:00

28th Mass at 9:00

28th Music Man Program at 5:30

Biking for Baruch
2022 "MOVING FOR MILES"



Save the Month!

Biking for Baruch Moving for Miles! Bishop Hills is hosting a Rock-A-Thon from dawn until dusk (7:00 a.m.-8:00 p.m.) on Wednesday, September 14th at Bishop Hills! Our goal is to have someone (or more the merrier) rocking the whole day! We are going to need volunteers- residents, staff and family members to sign up to rock with us (in rocking chairs/ gliders) and or donate to sponsor us rocking. Starting August 1st we will be selling \$5.00 sponsorship tags from the front office. Help us cover the whole front windows with the tags and show your support to our rocking volunteers! Donations will be used for a shade awning for our new deck space! Questions or those who would like to help contact Rachel at bishopactivities@baruchsls.org



Observing the Lilies

The tiger lilies are in bloom along the roadside in July and August. Seeing the tiger lilies makes me wonder if there used to be a farm house in that location. The farm house is gone, but the tiger lilies are still growing. Those lilies are survivors.

Jesus invites us to “Observe how the lilies of the field grow.” (Matthew 6:28). He is pointing out that we keep on learning by diligently studying, researching, and observing the world around us. There is something in how a lily grows that Jesus wants us to observe.

The tiger lilies were not only surviving, they were thriving. The plants I saw had vibrant green leaves with beautiful orange and black blossoms. That’s what I saw on the surface. It would have been easy to overlook the underground realities which influenced the plants thriving. Underground there was the composition of the soil, the workings of the root system, the available moisture, and the important role that worms play. All of these unseen factors are necessary for the tiger lily to thrive.

There are unseen factors in our life that are necessary for us to thrive?

To thrive we need nutritious food, clean water, proper medical care, and comfortable shelter. These are what we see. We also need a proper root system. These roots are the relationships that we have with family and friends. Being strongly rooted builds vitality in our life. It would be interesting to diagram all of the relationships in your life. The diagram will probably look like a root system.

We need to give and receive love, joy, patience, kindness, gentleness, and goodness. These are essential emotions for a healthy person. A thriving community, like good soil, is composed of these upbeat, Godly emotions.

How are you like the lily? What do you need to thrive today? “But seek first His kingdom and His righteousness; and all these things shall be added to you.” Matthew 6:33

Please keep these stocked in resident rooms:

After a few short power outages this summer (Bishop Hills does have an automatic generator). The staff have to reset each resident’s digital clock. When we have about 40 clocks in the building that is a lot to reset! Many digital clocks have a battery backup, but they need new batteries from time to time or some didn’t have any! When you are here visiting please replace the batteries in your family member’s clocks. Also, please leave a few batteries in the room for TV remotes and other clocks. Light bulbs for lamps are not included in the rent so extras of those in rooms are helpful as well.