

July 2022

# Bishop Hills Newsletter

Bishop Hills Assisted Living | 4951 11 Mile Rd NE, Rockford | 866-8227 | [www.bishophills.org](http://www.bishophills.org)



We send this mailing to the first contact. Please share the information with other family members. If you would like additional family members to receive this by e-mail please contact Rachel at [bishopactivities@baruchsls.org](mailto:bishopactivities@baruchsls.org)

Deb Smith- Administrator

Julie Rick- Associate Administrator

Rachel Kooiman- Director of Life Enrichment

Paula Obiden- Resident Care Manager

Leigh Vest- Resident Care Manager

Chris Rolfe- Housekeeping

Tom Ruud- Maintenance

## July Events

1<sup>st</sup> Patriotic Day- 1:00 Decorate Walkers & Wheelchairs

2:30 Patriotic Parade ending out on deck with popcils, Confetti poppers and patriotic music

4<sup>th</sup> Independence Day- please call Bishop Hills ahead of time if you would like to take a resident out today.

5<sup>th</sup> Rockford Library Book Delivery at 1:30 room to room

8<sup>th</sup> Harmonica Traditions Music Program at 2:15

13<sup>th</sup> Chaplain Val Visiting

16<sup>th</sup> Hymn Sing at 2:30 with Three Angel Church

19<sup>th</sup> Resident Council Meeting at 1:15

25<sup>th</sup> Sweet Summer Time week starts!

Some of our special events will be

Berry pie making

Berry Ice Cream Social

A Very Berry Relay

Sweet Crafts and More- see calendar for details

25<sup>th</sup> Acrylic Painting Class with Peg at 1:00

27<sup>th</sup> Mass at 9:00

27<sup>th</sup> Music Man Program at 5:30

Covid Booster Vaccines coming to Bishop Hills in July. We will contact family members to get permission for each resident.



## What's in Your Life Bag?

A group of women I know camp together every year. They enjoy walking around the campground seeing what people bring. This year, one campsite had a huge motorhome and a full fence for the dog to run in. One had just a small tent and nothing else. And another a humorous statue that made everyone laugh! When traveling, people pack all kinds of provisions for their trips from small items like marshmallows to large grills, electric bikes, and various shelters. Some travel light, some travel heavily loaded. With gas prices high, some even may wonder if they will have what they need to continue their journey.

It got me wondering. What provisions do we want? And what about our journey of life? What do we truly need to thrive? Do we "pack" the right stuff? And what do we need to set aside?

In teaching how to pray, Jesus shared that we are to focus day by day, praying and knowing that God gives what is needed for the day. Also, Matthew 11:28-30 describes Jesus sharing the following: (The Message version) "Are you tired? Worn out? Burned Out? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me-watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Jesus knows that it was and is not an easy world. And Jesus shared the truth with people then and now.....that God provides for us and provides what we truly need.

When we follow Jesus and his ways....when we pack our lives with time with God, with rest each week, with learning the way of love; ....we are going to a spiritual gas station of sorts. Jesus shows us how to be filled with God's presence, and how to unhook the heavy things from our lives that weigh us down. And Jesus rides along with us, providing direction along the way.

Chaplain Karen

**Bishop Hills Is Now Hiring**  
Bishop Hills is hiring for floor staff both 1<sup>st</sup> and 2<sup>nd</sup> shift. Also, kitchen staff server (1<sup>st</sup> and 2<sup>nd</sup>) and a cook (2<sup>nd</sup> shift only). Please pick up an application at Bishop Hills or give us a call at 866-8227 and ask for Deb Smith.



**Biking for Baruch**   
**2022 "MOVING FOR MILES"**

**Save the Month!**



**When:** Month of September (Sept. 1 - Sept. 30)

**Where:** Join us virtually from anywhere you decide to participate from.

**"Moving for Miles"** - A new initiative this year to get more people motivated and involved. Bike, run, jog, walk, swim, rollerblade or use anything that takes physical activity to move. Just get out, get involved, get active!

- Get your teams organized - more event and registration details will be coming soon to raise funds to support your Baruch Home!
- Join this event virtually.
- Post Event Celebration will be held Oct. 1 at Millennium Park in Grand Rapids.

