

Bishop Hills

Menu is subject to change

May 15-21, 2022

Sunday 05-15	Monday 05-16	Tuesday 05-17	Wednesday 05-18	Thursday 05-19	Friday 05-20	Saturday 05-21
Breakfast						
Hot or Cold Cereal French Toast Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Sausage Strata Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Buttered Waffles Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Fried Eggs Breakfast Ham Slice Toasted English Muffin Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Buttermilk Pancakes Sausage Patty Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Glazed Turkey Breast Red Bliss Potatoes Capri Vegetable Blend Wheat Bread Red Velvet Cake Margarine Coffee/Tea	Glazed Pork Mashed Potatoes Pork Gravy California Vegetable Blend Dinner Roll Raisin Rice Pudding Margarine Coffee/Tea	Soft Shell Beef Tacos Spanish Rice Creamed Corn Cheesecake Margarine Coffee/Tea	Beef Burgundy Egg Noodles Whole Baby Carrots Buttered Breadstick Chocolate Cake Margarine Coffee/Tea	Honey Mustard Chicken Baked Potato Sour Cream and Chives Key West Vegetable Blend Dinner Roll Vanilla Ice Cream Margarine Coffee/Tea	Panko Crusted Tilapia Garden Rice Blend Sautéed Summer Squash Dinner Roll Fresh Baked Cookie Margarine Coffee/Tea	Meatloaf Garlic Mashed Potatoes Brown Gravy Brussels Sprouts Apple Crisp Margarine Coffee/Tea
Dinner						
Salmon Patty Parmesan Noodles Green Peas & Mushrooms Tropical Fruit Salad Margarine 2% Milk Coffee/Tea	Bacon Swiss Burger Lettuce /Tomato French Fries Fruit Cocktail Ketchup 2% Milk Coffee/Tea	Pizza Tossed Salad Garlic Toast Cinnamon Applesauce Choice of Dressing Margarine 2% Milk Coffee/Tea	Ham & Sweet Potato Casserole Cauliflower & Peas Wheat Bread Banana 2% Milk Margarine Coffee/Tea	Potato Soup w/Bacon Saltines Deli Sandwich Lettuce / Tomato Red Grapes 2% Milk Coffee/Tea	Polish Sausage on Bun Baked Beans Creamy Cole Slaw Watermelon 2% Milk Coffee/Tea	Breaded Chicken Sandwich Lettuce / Tomato French Fries Pineapple Chunks Ketchup 2% Milk Coffee/Tea

Mechanical soft and pureed diets are the same as regular menu items, only altered

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May 22-28, 2022

Sunday 05-22	Monday 05-23	Tuesday 05-24	Wednesday 05-25	Thursday 05-26	Friday 05-27	Saturday 05-28
Breakfast						
Hot or Cold Cereal Ham & Cheese Omelet Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Boiled Egg Bacon Toasted English Muffin Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Pancakes Breakfast Ham Slice Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Fried Eggs Choice of Danish Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Berry French Toast Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Southwest Egg Bake Wheat Toast Yogurt Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Baked Ham Scalloped Potatoes Peas Dinner Roll Brownies Margarine Coffee/Tea	Oven Baked Fish Parsley Noodles Tossed Salad Buttered Breadstick Strawberry Ice Cream Choice of Dressing Margarine Coffee/Tea	Oven Fried Chicken Ranch Mashed Potatoes Gravy Brussel Sprouts Chocolate Butterscotch Bars Margarine Coffee/Tea	Bourbon Roast Beef Baked Potato Sour Cream and Chives Key West Vegetable Blend Choice of Roll Chocolate Pudding Margarine Coffee/Tea	Pork Chop Suey White Rice Broccoli Egg Roll Brownies Margarine Coffee/Tea	Fried Fish French Fries Mandarin Coleslaw Cake Ketchup Margarine Coffee/Tea	BBQ Pulled Chicken Baked Beans Potato Salad Southern Style Biscuit Banana Bread Margarine Coffee/Tea
Dinner						
Chunky Vegetable Soup Saltines Egg Salad Sandwich Pickled Beets Red Grapes 2% Milk Coffee/Tea	Pot Roast Sweet Potatoes Corn Banana Margarine 2% Milk Coffee/Tea	Pork with Kraut Pierogies Baby Carrots Cinnamon Applesauce Margarine 2% Milk Coffee/Tea	Chicken Enchiladas Spanish Rice Refried Beans Mandarin Oranges 2% Milk Coffee/Tea	Italian Sausage w/Peppers and Onions Onion Roasted Potatoes Choice of Roll Diced Pears Margarine 2% Milk Coffee/Tea	Cheese Ravioli w/Sauce and Parmesan Cheese Green Beans Garlic Toast Watermelon Margarine 2% Milk Coffee/Tea	Sweet & Sour Meatballs White Rice Oriental Vegetable Blend Apple Slices Margarine 2% Milk Coffee/Tea

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May 29- June 4, 2022

Single List Day

Sunday 05-29	Monday 05-30	Tuesday 05-31	Wednesday 06-01	Thursday 06-02	Friday 06-03	Saturday 06-04
Breakfast						
Hot or Cold Cereal Cheese Omelet Cinnamon Roll Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or cold Cereal Scrambled Eggs Sausage Links Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cinnamon French Toast Sausage Patty Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Boiled Egg Breakfast Ham Slice Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheesy Scrambled Egg Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg Patty Sausage Patty Toasted English Muffin Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Sausage Strata Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Rotisserie Chicken Onion Roasted Potatoes Brussels Sprouts Choice of Roll Cherry Chocolate Bar Margarine Coffee/Tea	Hotdog on a bun Potato Salad Coleslaw Watermelon Ketchup Margarine Coffee/Tea	BBQ Pork Chop Baked Beans Coleslaw Choice of Roll Apple Cobbler Margarine Coffee/Tea	Pot Roast Baked Potato Sour Cream & Chives Carrots Choice of Roll Blueberry Crisp Margarine Coffee/Tea	General Tso Chicken White Rice Egg Roll Chocolate Mousse Margarine Coffee/Tea	Country Fried Steak Country Gravy Mashed Potatoes Green Beans Lemon Bars Margarine Coffee/Tea	Lemon Pepper Turkey Parmesan Noodles California Vegetable Blend Choice of Roll Banana Split Dessert Margarine Coffee/Tea
	Happy Memorial Day!!					
Dinner						
Tuna Melt Sweet Potato Fries Pineapple Chunks Ketchup 2% Milk Coffee/Tea	Cheese Enchiladas Seasoned Black Beans Corn Cookie Margarine 2% Milk Coffee/Tea	Chicken & Pasta Alfredo Italian Blend Mixed Vegetables Buttered Breadstick Banana Margarine 2% Milk Coffee/Tea	Tuna Noodle Casserole Summer Squash Choice of Roll Diced Pears Margarine 2% Milk Coffee/Tea	Ham w/Au Gratin Potatoes Green Peas Buttered Bread Cinnamon Applesauce Margarine 2% Milk Coffee/Tea	Grilled Cheese Sandwich Tomato Soup Saltines Red Grapes Margarine 2% Milk Coffee/Tea	Turkey & Stuffing Casserole Mashed Potatoes Carrots Watermelon Margarine 2% Milk Coffee/Tea

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June 5-11, 2022

Sunday 06-05	Monday 06-06	Tuesday 06-07	Wednesday 06-08	Thursday 06-09	Friday 06-10	Saturday 06-11
Breakfast						
Hot or Cold Cereal Buttermilk Pancakes Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Western Omelet Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Southwest Egg Bake Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Cheese Sandwich Bacon Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Fried Eggs Breakfast Ham Slice Danish Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Buttered Waffles Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Pork Chop Bread Stuffing Carrots Wheat Bread Caramel Dumpling Margarine Coffee/Tea	Herb Garlic Cod Rice Pilaf Green Peas & Mushrooms Choice of Roll Cherries in the Snow Margarine Coffee/Tea	Chicken Breast Ranch Mashed Potatoes Gravy Wax Beans Choice of Roll Butterscotch Brownie Parfait Margarine Coffee/Tea	Chicken Parmesan Spaghetti Noodles Italian Blend Mixed Vegetables Garlic Toast Frosted Chocolate Cake Margarine Coffee/Tea	Beef Quesadilla Spanish Rice Seasoned Black Beans Chilled Peaches Margarine Coffee/Tea	Lemon Baked Fish Rosemary Roasted Potatoes Carrots Wheat Bread Strawberry Pie Margarine Coffee/Tea	Baked Ham w/Gravy Sweet Potatoes Corn Southern Style Biscuit Chocolate Chip Cookie Margarine Coffee/Tea
Dinner						
Chicken Cordon Bleu Sandwich Red Bliss Potatoes Parslied Cauliflower Choice of Roll Fruit Cocktail Margarine 2% Milk Coffee/Tea	Italian Sausage w/ Peppers & Onions Tater Tots Wheat Bread Banana Margarine 2% Milk Coffee/Tea	Minestrone Soup Saltines Grilled Ham & Cheese Sandwich Mixed Fruit 2% Milk Coffee/Tea	Ham Salad Sandwich Cucumber Slices Pickled Beets Diced Pears Margarine 2% Milk Coffee/Tea	Cheeseburger w/ Lettuce & Tomato French Fries Vanilla Pudding Cake Ketchup Margarine 2% Milk Coffee/Tea	Hearty Cabbage Soup Saltines Turkey & Swiss Sandwich Red Grapes 2% Milk Coffee/Tea	Macaroni & Cheese Stewed Tomatoes Tossed Salad Cinnamon Applesauce Margarine 2% Milk Coffee/Tea

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June 12-18, 2022

Sunday 06-12	Monday 06-13	Tuesday 06-14	Wednesday 06-15	Thursday 06-16	Friday 06-17	Saturday 06-18
Breakfast						
Hot or Cold Cereal Cheesy Scrambled Egg Breakfast Ham Slice Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Sausage Strata Hearty Hashbrowns Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs of Choice Choice of Danish Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Buttermilk Pancakes Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cinnamon French Toast Sausage Links Yogurt Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs of Choice Bacon Toasted English Muffin Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Italian Baked Chicken Mashed Potatoes California Vegetable Blend Choice of Roll Ice Cream Sandwich Margarine Coffee/Tea	Lasagna Broccoli & Cauliflower Garlic Herb Breadstick Black Forest Parfait Margarine Coffee/Tea	Honey Mustard Chicken White Rice Peas & Carrots Choice of Roll Buttermilk Cake Margarine Coffee/Tea	Salisbury Steak Mashed Potatoes Brown Gravy Baby Carrots Wheat Bread Chocolate Cheesecake Bars Margarine Coffee/Tea	Beef Pot Roast Parmesan Noodles Green Beans Wheat Bread Carrot Cake Margarine Coffee/Tea	Beef Enchilada Rice Pilaf Seasoned Black Beans Pineapple Upside Down Cake Coffee/Tea	Roasted Pork Tenderloin Oven Roasted Potatoes Summer Squash Wheat Bread Biscuit Bread Pudding Margarine Coffee/Tea
Dinner						
Pepperoni Pizza Breadstick Tossed Salad Banana Margarine 2% Milk Coffee/Tea	BBQ Pork Ribette Sandwich Macaroni & Cheese Creamy Cole Slaw Watermelon 2% Milk Coffee/Tea	Italian Meatball Sub w/ Sauce Tossed Salad Diced Pears Choice of Dressing Margarine 2% Milk Coffee/Tea	Fish Sandwich w/ Lettuce / Tomato French Fries Fruit Cocktail Ketchup 2% Milk Coffee/Tea	Ham Slice Scalloped Potatoes Peas & Pearl Onions Cinnamon Applesauce Margarine 2% Milk Coffee/Tea	Potato Soup Saltines Tuna Salad Sandwich Carrot Raisin Salad Mandarin Oranges 2% Milk Coffee/Tea	Italian Sausage on Bun Baked Beans Macaroni Salad Red Grapes Margarine 2% Milk Coffee/Tea

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