

June 2022

# Bishop Hills Newsletter

Bishop Hills Assisted Living | 4951 11 Mile Rd NE, Rockford | 866-8227 | [www.bishophills.org](http://www.bishophills.org)



We send this mailing to the first contact. Please share the information with other family members. If you would like additional family members to receive this by e-mail please contact Rachel at [bishopactivities@baruchsls.org](mailto:bishopactivities@baruchsls.org)

Deb Smith- Administrator

Julie Rick- Associate Administrator

Rachel Kooiman- Director of Life Enrichment

Paula Obiden- Resident Care Manager

Leigh Vest- Resident Care Manager

Chris Rolfe- Housekeeping

Tom Ruud- Maintenance

TJ Brodeur- Dietary Director

## June Events

- 1<sup>st</sup> Chaplain Val Visiting
- 7th Rockford Library Book Delivery at 1:30 we will be going room to room
- 14<sup>th</sup> Flag Day
- 15<sup>th</sup> Chaplain Val Visiting
- 15<sup>th</sup> Father's Day Celebration
- 18th Hymn Sing at 2:30 with Three Angel Church
- 19<sup>th</sup> Father's Day
- 21<sup>st</sup> First Day of Summer!
- 21<sup>st</sup> Resident Council Meeting
- 22<sup>nd</sup> Mass at 9:00
- 29<sup>th</sup> Music Man Program at 5:30

## Resident's Going Out

When a resident is going out with family or friends they need to sign the resident out in our sign out book. It is located by the mail boxes in the front hall near dining room. They are also responsible for talking to the med passer on their hall to make sure medications are not needed while they are gone. If they do not sign out we will have to conduct a search of the building and grounds. This includes contacting all emergency contacts and possibly the police if the resident is not located. Please let other family members, as well as any friends, that might take a resident out, know how important this is. We need to make sure that residents are safe, so please help us by letting us know. Residents wanting to walk outdoors need to let a staff person know they are going for a walk before leaving the building.

## Have A Happy Journey Baruch Theme for 2022 Thrive

by Rev. Jeff Meyers- Chaplain of  
Baruch

A number of years ago my mini-van got a flat tire. Car engineers find creative ways to store spare tires. The spare tire was located underneath the car. As I was scraping my knuckles trying to reach the spare tire, a young man saw my predicament. He asked if I could use some help. I was a bit embarrassed to accept his offer, but I did. With a sense of relief, I watched as he got under the car and released the spare tire. He even removed the flat tire and put on the spare tire. I thanked him for his help.

We all can use some help now and then on the journey of life. The wise person accepts the help when God provides it. When we have a cavity in our tooth, we can complain about the pain for months or we can go to the dentist. When we have a leak in our water pipes, we can keep drying out our wet papers or we can call the plumber. When we want fresh fruit, we can go to the grocery store. Well, you get the idea.... Most days we are unaware of all of the people who came alongside us on the road of life. These caring and competent individuals help us thrive and be prosperous. Take some time and think about all of the people who helped you on your journey today.

When the Israelites were entering into the Promised Land, God gave them some advice for the journey. God advised them to read the Bible and to put it into practice. "Then you will make your way prosperous and then you will have success" (Joshua 1:8). God wanted His people to thrive. The Children of Israel wisely accepted the help God gave them in their journey of life.

"Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers." 3 John 1:2.



*Mother's Tea Party*

## Biking for Baruch 2022 "MOVING FOR MILES"



**Save the Month!**



**When:** Month of September (Sept. 1 - Sept. 30)

**Where:** Join us virtually from anywhere you decide to participate from.

"Moving for Miles" - A new initiative this year to get more people motivated and involved. Bike, run, jog, walk, swim, rollerblade or use anything that takes physical activity to move. Just get out, get involved, get active!

- Get your teams organized - more event and registration details will be coming soon to raise funds to support your Baruch Home!
- Join this event virtually.
- Post Event Celebration will be held Oct. 1 at Millennium Park in Grand Rapids.

