

Bishop Hills

Menu is subject to change

January 9-15, 2022

Sunday 01-09	Monday 01-10	Tuesday 01-11	Wednesday 01-12	Thursday 01-13	Friday 01-14	Saturday 01-15
Breakfast						
Hot or Cold Cereal Scrambled Eggs w/Cheese Sausage Links Wheat Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Fried Eggs Bacon English Muffin Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Blueberry Pancakes Sausage Patties Syrup/Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Breakfast Bake Cinnamon Swirl Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Scrambled Eggs Sausage Links Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Quiche Hearty Hashbrowns Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Waffles Bacon Syrup/Margarine 2% Milk Coffee/Tea Juice
Lunch						
Pot Roast Mashed Potatoes & Gravy Peas Dinner Roll Blueberry Pie Margarine Coffee/Tea	Unstuffed Cabbage Wax Beans Homemade Biscuits Apple Cobbler Margarine Coffee/Tea	BBQ Chicken Whipped Sweet Potatoes Cauliflower Assorted Pie Margarine Coffee/Tea	Hotdog on a bun Baked Beans Potato Salad Chocolate Cake Margarine Coffee/Tea	Pork Roast Roasted Potatoes Brussels Sprouts Cherry Cobbler Margarine Coffee/Tea	Baked Shrimp Mashed Potatoes Northwest Vegetables Orange Bread Margarine Coffee/Tea	Spaghetti & Meatballs Garlic Toast Tossed Salad Coffee Cake Margarine Coffee/Tea
Dinner						
Pan Pizza Tossed Salad Tropical Fruit 2% Milk Coffee/Tea	Tuna Salad Croissant French Onion Soup Saltines Bananas 2% Milk Coffee/Tea	Mushroom Swiss Burger French Fries Bread & Butter Pickles Diced Pears 2% Milk Coffee/Tea	Potato Soup Grilled Cheese Sandwich Saltines Pickle Spear Berry Applesauce 2% Milk Coffee/Tea	Egg Salad Sandwich Pasta Salad Corn Chips Ice Cream 2% Milk Coffee/Tea	Turkey & Cheese Sandwich Onion Rings Pickle Spear Fruit 2% Milk Coffee/Tea	Fish Sandwich w/Lettuce & Tartar Sauce Chips Bread & Butter Pickles Fruit 2% Milk Coffee/Tea

Mechanical soft and pureed diets are the same as regular menu items, only altered

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January 16-22, 2022

Sunday 01-16	Monday 01-17	Tuesday 01-18	Wednesday 01-19	Thursday 01-20	Friday 01-21	Saturday 01-22
Breakfast						
Hot or Cold Cereal Scrambled Eggs Sausage Links Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal French Toast Sausage Patties Syrup/Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Cheesy Scrambled Eggs Bacon Wheat Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Boiled Egg Biscuits & Sausage Gravy Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Breakfast Sandwich on English Muffin w/ Cheese, Sausage & Egg Hash Browns Margarine/Jelly 2% Milk Coffee/Tea/Juice	Hot or Cold Cereal Scrambled Eggs Canadian Bacon Cinnamon Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Waffles Sausage Links Syrup/Margarine 2% Milk Coffee/Tea Juice
Lunch						
Baked Ham Scalloped Potatoes Peas Dinner Roll Brownies Margarine Coffee/Tea	Hot Turkey Sandwich Mashed Potatoes & Gravy Mixed Vegetables Fruit Cup Margarine Coffee/Tea	Chicken Pot Pie w/Biscuit Green Beans Cinnamon & Raisin Rice Pudding Margarine Coffee/Tea	BBQ Beef Au Gratin Potatoes Broccoli Dinner Roll Apple Cobbler Margarine Coffee/Tea	Pork Loin Brown Rice Vegetable Medley Carrot Cake Margarine Coffee/Tea	Creamy Chicken & Mushrooms with Egg Noodles Mixed Vegetables Garlic Toast Pistachio Pudding Margarine Coffee/Tea	Meatloaf Mashed Potatoes & Gravy Northwest Vegetables Cheesecake Margarine Coffee/Tea
Dinner						
Corned Beef Sandwich Potato Salad Pickle Spear Fruit Cocktail 2% Milk Coffee/Tea	Olive Burger Onion Petals Bread and Butter Pickle Banana Pudding 2% Milk Coffee/Tea	Beef w/Noodles Cauliflower Mixed Fruit 2% Milk Coffee/Tea	Grilled Cheese Sandwich Tater Tots Tossed Salad Pineapple Chunks 2% Milk Coffee/Tea	Chicken Salad Sandwich Potato Chips Coleslaw Ice Cream 2% Milk Coffee/Tea	Ham Salad Sandwich Soup of the Day Saltines Cottage Cheese & Peaches 2% Milk Coffee/Tea	Roast Beef & Swiss Sandwich Onion Rings Pickle Spear Mandarin Oranges 2% Milk Coffee/Tea

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January 23-29, 2022

Single List Day

Sunday 01-23	Monday 01-24	Tuesday 01-25	Wednesday 01-26	Thursday 01-27	Friday 01-28	Saturday 01-29
Breakfast						
Hot or Cold Cereal Scrambled Eggs Bacon Wheat Toast Jelly/Margarine 2% Milk Coffee/Tea Juice	Hot or cold Cereal Pancakes Sausage Patty Syrup/Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Cheesy Scrambled Eggs Bacon Raisin Toast Jelly/Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Boiled Egg Canadian Bacon Wheat Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Fried Eggs Fresh Baked Muffin Yogurt Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Quiche Hash Browns Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Waffles Sausage Links Syrup/Margarine 2% Milk Coffee/Tea Juice
Lunch						
Glazed Turkey Potatoes Au Gratin Green Beans Lemon Meringue Pie Margarine Coffee/Tea	Salisbury Steak Baked Potato Broccoli w/Cheese Dinner Roll Fruit Margarine Coffee/Tea	Maple Bacon Chicken White Rice Northwest Vegetables Surprise Cake Margarine Coffee/Tea	Chili Dogs w/bun Coleslaw Baked Beans Fruited Jello Margarine Coffee/Tea	Chicken a la King Mashed Potatoes Sicilian Vegetables Biscuit Peach Crisp Margarine Coffee/Tea	Kielbasa Sauerkraut Potato Salad Orange Bread Margarine Coffee/Tea	Baked Ham Scalloped Potatoes Grn Bean Casserole Chocolate Cream Pie Margarine Coffee/Tea
Dinner						
Pizza Breadstick Side Salad Chilled Peaches 2% Milk Coffee/Tea	Soup of the Day Deli Sandwich Saltines Pudding 2% Milk Coffee/Tea	Baked Spaghetti Garlic Toast Peas & Pearl Onions Berry Applesauce 2% Milk Coffee/Tea	Patty Melt on Rye Potato Rounds Pickle Fruit 2% Milk Coffee/Tea	Goulash Breadstick Prince Charles Veggies Ice Cream 2% Milk Coffee/Tea	Fish Sandwich with Tartar Sauce Lettuce & Tomatoes Curly Fries Pickle Spear Banana Pudding 2% Milk Coffee/Tea	BLT Sandwich Navy Bean Soup Saltines Pineapple Chunks 2% Milk Coffee/Tea

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January 30, 2022- February 5, 2022

Sunday 01-30	Monday 01-31	Tuesday 02-01	Wednesday 02-02	Thursday 02-03	Friday 02-04	Saturday 02-05
Breakfast						
Hot or Cold Cereal French Toast Sausage Links Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Scrambled Eggs Bacon Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Breakfast Bake Wheat Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Biscuits & Sausage Gravy Boiled Egg Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Egg Patty Turkey Links Nutrigrain Bar Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Omelette Hashbrowns Wheat Toast Margarine/jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Waffles Bacon Syrup/Margarine 2% Milk Coffee/Tea Juice
Lunch						
Roasted Turkey Mashed Potatoes Carrots Dinner Roll Assorted Pie Margarine Coffee/Tea	Lasagna Garlic Toast Side Salad with Choice of Dressing Pineapple Delight Margarine Coffee/Tea	Sausage & Peppers Potato Salad Broccoli Fresh Baked Cookie Margarine Coffee/Tea	Italian Baked Chicken Red Bliss Potatoes Sicilian Vegetables Apple Cobbler Cake Margarine Coffee/Tea	BBQ Meatballs Mashed Potatoes & Gravy Stuffing Pumpkin Pie Coffee/Tea	Savory Beef w/Veggies Rice Pilaf Egg Roll Berry Coconut Crisp Margarine Coffee/Tea	Meatloaf Baked Potato Sicilian Vegetables Dinner Roll Brownie Margarine Coffee/Tea
Dinner						
Egg Salad Sandwich Potato Chips Pickle Fruit Salad 2% Milk Coffee/Tea	Chili w/Beans Saltines Honey Corn Bread Berry Applesauce 2% Milk Coffee/Tea	Soup of the Day Grilled Cheese Sandwich Bread & Butter Pickles Peaches 2% Milk Coffee/Tea	Tuna Noodle Casserole Garlic Toast Mixed Vegetables Tropical Fruit 2% Milk Coffee/Tea	Cheeseburger w/ Condiments on Side French Fries Ice Cream 2% Milk Coffee/Tea	Soup of the Day Saltine Crackers Ham & Cheese Croissant Pickle Spear Red Grapes 2% Milk Coffee/Tea	California Reuben Corn Nuggets Dill Pickle Spear Fruited Jello 2% Milk Coffee/Tea

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February 6-12, 2022

Sunday 02-06	Monday 02-07	Tuesday 02-08	Wednesday 02-09	Thursday 02-10	Friday 02-11	Saturday 02-12
Breakfast						
Hot or Cold Cereal Blueberry Pancakes Sausage Patties Syrup/Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Ham & Cheese Omelet Wheat Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Scrambled Eggs Bacon Raisin Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Two Boiled Eggs Canadian Bacon Croissant Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal French Toast Sausage Links Syrup/Margarine 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Egg Patty Ham Slice Wheat Toast Margarine/Jelly 2% Milk Coffee/Tea Juice	Hot or Cold Cereal Waffles Sausage Patties Syrup/Margarine 2% Milk Coffee/Tea Juice
Lunch						
Pot Roast Scalloped Potatoes Mixed Vegetables Dinner Roll Pumpkin Pie 2% Milk Coffee/Tea	Pork Loin Whipped Sweet Potatoes Side Salad Dinner Roll Angel Food Cake Margarine Coffee/Tea	Baked Ham Mashed Potatoes & Gravy Sicilian Vegetable Medley Banana Bread Margarine Coffee/Tea	Unstuffed Peppers w/Rice Buttered Carrots Cheese Biscuit Fruit Crisp Margarine Coffee/Tea	Chicken & Noodle Casserole Mixed Vegetables Garlic Toast Strawberry Shortcake Margarine Coffee/Tea	Baked Shrimp Rosemary Roasted Potatoes Capri Vegetables Rice Pudding Margarine Coffee/Tea	Sweet & Sour Meatballs White Rice California Blend Vegetables Candy Corn Cupcakes Margarine Coffee/Tea
Dinner						
Sloppy Joe on a Bun Curly Fries Broccoli & Raisin Salad Peaches 2% Milk Coffee/Tea	Grilled Cheese Sandwich Soup of the Day Saltines Fruit Cocktail 2% Milk Coffee/Tea	Ravioli w/Marinara Sauce Breadstick Capri Vegetables Pineapple Chunks 2% Milk Coffee/Tea	Bratwurst on a Bun Potato Chips Pickle Spear Pudding 2% Milk Coffee/Tea	Soup of the Day Ham Salad Sandwich Cheddar Pea Salad Ice Cream 2% Milk Coffee/Tea	Chicken Tenders w/ Dipping Sauce Curly Fries Coleslaw Mandarin Oranges 2% Milk Coffee/Tea	Turkey & Cheese Sandwich Potato Salad Bread & Butter Pickles Diced Pears 2% Milk Coffee/Tea

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