

November 2021

# Bishop Hills Newsletter

Bishop Hills Assisted Living | 4951 11 Mile Rd NE, Rockford | 866-8227 | [www.bishophills.org](http://www.bishophills.org)



We send this mailing to the first contact. Please share the information with other family members. If you would like additional family members to receive this by e-mail please contact Rachel at [bishopactivities@baruchsls.org](mailto:bishopactivities@baruchsls.org)

Julie Rick- Associate Administrator

Rachel Kooiman- Director of Life Enrichment

Paula Obiden- Resident Care Manager

Leigh Vest- Resident Care Manager

Chris Rolfe- Housekeeping

Tom Ruud- Maintenance

## November Events

2<sup>nd</sup> Rockford Library Book Delivery at 1:30 we will be going room to room  
7<sup>th</sup> Daylight Savings Time Ends  
8<sup>th</sup>-22<sup>nd</sup> Painting Class Starts at 1:00- let Rachel know to sign up for the class, space is limited  
9<sup>th</sup> Bing Higbee music program at 2:15  
10<sup>th</sup> Chaplain Val will be here visiting  
11<sup>th</sup> Veterans Day  
19<sup>th</sup> Photo Day- taking pictures of residents for Christmas ornaments 😊  
24<sup>th</sup> Mass at 9:00  
24<sup>th</sup> Chaplain Val will be here visiting  
24<sup>th</sup> Music Man Program at 5:30  
25<sup>th</sup> Thanksgiving Day

### Food Safety Note

If you bring in food for a resident it needs to be consumed that day. It is not safe for the resident or other residents to put leftovers in Bishop Hills kitchen refrigerator.

### Pop cans and bottles fundraiser

Look for the big blue barrel in Bishop Hills front entry. We have a new volunteer that will be taking the donations in, so let's fill it up!



### **Guidelines for visitors and resident's going out**

These guidelines are set in place by the state of Michigan for visits. The state of Michigan is allowing indoor and outdoor visits as long as there is no COVID cases in building. This may change as cases in Kent county change too. Please read this carefully.

- Visitors and Pick Up must call at least 24 hours ahead to set up a visiting time and must be written on visiting calendar in nursing station. **Please call ahead to set up a time for visits here at Bishop Hills or to pick up!** Recently we have been having people just stop by and that can take away from other duties that the staff need to do to take care of residents. If weekend visits are needed they must be set up on Friday. Please do your part and call ahead! **Continued on Back...**

## *Baruch 2021 Theme Living Joyfully*

“Praise the Lord. Sing to the Lord a new song, His praise in the assembly of the saints. Let Israel rejoice in their Maker, let the people of Zion be glad in their King. Let them praise His name with dancing and make music to him with tambourine and harp. For the Lord takes delight in his people; he crowns the humble with salvation. Let the saints rejoice in this honor and sing for joy on their beds. Psalm 149:1-5

Last fall I was sitting by a crackling fire, watching leaves and a bit of snow drifting down outside, and some pets who were inside. Domino was stretched out on the floor, eyes closed, soaking in the heat from the fire. Callie was on her back, pawing at the air, and trying to get us to play. And I felt delight. They weren't cleaning the house, serving the community, or running a business. They were simply being present and being themselves. And I delighted in them. It's the same feeling I get when watching a child sleep, or friends going about their day living, growing, and being who God created them to be.

Jesus was living out who he was created to be as the Son of God. When he was a young boy, he ate meals, and did chores and worked around the house. I bet he even played practical jokes on his family. When he was older, Jesus continued to do what he was called to do, growing in faith and his understanding of life and ministry. In Matthew 3:13-17, Jesus was baptized by John and began formal ministry to his community and to the world. And a voice from heaven said, “This is my Son, whom I love; with him I am well pleased.” Before Jesus even began his formal ministry, God delighted in him.

- Indoor visits Visits can be in resident's room. Please **do not** go to other parts of the building, use the coffee station, dining room etc., stop to talk to others in the halls or go into other resident's rooms other than your family.
- Be covid screened at front door  
Covid test is available with appointment, but is not required
- Only two visitors per resident in the building (this includes Hospice Visits)
- No children under the age of 13
- Visitors need to wear a mask at all times and stay 6 feet apart
- No food or drinks while visiting
- Outdoor visits must have scheduled time so we can make sure to have enough chairs and space. Visits will only take place by front entry.
- Going out of building with family & friends. Please let us know at least 30 minutes before you would like to pick up. Preferably a day ahead is best.

### Important Information Residents Exposure to COVID

If you, family or friends have come down with COVID (Corona Virus) please contact us right away if you have been in contact with a residents within the past two weeks of onset of symptoms. This is very important so we can quarantine the resident and take extra precautions when entering the resident's room.

Sometimes it's easy to think, “Yeah, of course God was pleased with Jesus. Jesus was perfect!” We don't realize that God feels the same way towards us. Yet, when we look at the original words, the Greek word in Matthew for “well pleased” pointed to a Hebrew work in Isaiah and in Psalm 149 that is translated as “delight.” The way God felt about Jesus is the same way God felt about Israel and the same way God feels about us. God delights in us.

We can live in joy because God delights in us, before we “do” anything. God delights in us because we are His family through Jesus. God delights in us even when our bodies change, our living situations change, and what we can do changes. We are simply to come with what we have, and each day let our lights shine.